

Effectiveness of Educational Intervention to Improve Knowledge and Practices regarding Foot Care among Patients with Type 2 Diabetes

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Study Questionnaire

Demographic variables

Gender: Male Female

Academic Year: _____

Section A

Knowledge regarding diabetes and its complications

S. No.	Knowledge Items	Responses
	A person with diabetes should take medication regularly because they are liable to get DM complication	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes is more prone to foot ulcer / amputation as compared to a person without diabetes?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes may develop numbness and loss of sensation in his or her feet.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Blood sugar control has no role in preventing foot problems.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes should not smoke because smoking causes poor circulation affecting the feet.	<input type="checkbox"/> Yes <input type="checkbox"/> No

Section B

Knowledge regarding foot care

S. No.	Knowledge Items	Responses
	A person with diabetes should inspect his/ her feet for any cracks, cuts, red spots, or blisters once a week.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes should not walk barefooted.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes should always wear socks with shoes.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes should check the inside of shoes before wearing them.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes should regularly apply lotion/ moisturizer on both sides of feet to prevent cracks and should keep skin in between toes dry.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes should avoid trimming their toenails.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Corn and calluses may be removed by blade/ corn caps/chemical.	<input type="checkbox"/> Yes <input type="checkbox"/> No

Section C

Knowledge regarding foot care and thermal care

S. No.	Knowledge Items	Responses
	A person with diabetes should keep their feet warm using heaters in winter.	<input type="checkbox"/> Yes <input type="checkbox"/> No
	A person with diabetes should wear footwear with a large front space, covering all toes or with adjustable strap.	<input type="checkbox"/> Yes <input type="checkbox"/> No